



# BEACH VOLLEYBALL SKILL LEVELS

## UNIVERSAL BEACH VOLLEYBALL RATING (UBVR)

### THE SIMPLE "YES" OR "NO" WAY TO FIGURE OUT YOUR SKILL LEVEL



= "Yes" to minimum 3 (out of 5) statements



DEVELOPMENT  
1.0 - 1.5

- I know what the basic hits of the game are
- I can help sustain a longer rally in games with 4-6 people per team
- I have a serve that I can usually get "in"
- I understand where to stand and who should serve at the start of each point
- I sometimes talk with my teammate(s) during/between play and it helps us play better



BEGINNER  
2.0 - 3.0

- I am working on learning to serve a little tougher while still getting them "in"
- I have the basic rules down
- I can sustain a longer rally in 2vs2 play
- If an easy ball is coming at me I can pretty much make it go where I want it to go
- If I get a perfect set, I can at times kill the ball



INTERMEDIATE  
3.5 - 4.5

- Even in unexpected situations I can control the ball surprisingly well, **or** I have an unusually easy time blocking and/or attacking compared to most people
- If I get a perfect set, I regularly kill the ball
- I actively build game strategies with my partner (considering weather, opponents skills etc)
- I understand most intricacies of beach volleyball rules like jousts, handsetting rules etc
- I'm comfortable even in high stress competition



ADVANCED  
5.0 - 6.5

- The passing and setting that me and my partner do, puts us in system exceptionally often, **or** I regularly score points even if the set is not perfect or even outright bad at times
- People recognize me as a strong blocker or defender
- I belong in the highest competition category in my country
- I struggle to find players my level or higher unless I stay in beach volleyball hotspots
- I rarely make unforced errors



ELITE  
7.0 - 9.0+

